Patient Weighted Quality Of Life In Epilepsy: QOLIE-10-P (Version 2.0, US English)

| Patient's Name: | Today's Date: |
|-----------------|---------------------------------------|
| | □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ |

If you experienced a simple or complex partial seizure within the previous four hours, or a generalized tonic-clonic seizure within the previous 24 hours, please delay completing this questionnaire

INSTRUCTIONS:

This questionnaire asks about your health and daily activities. **Answer each question** by circling the appropriate number (1, 2, 3...).

If you are unsure about how to answer a question, please give the best answer you can and write a comment or explanation in the margin. Please feel free to ask someone to help you if you have difficulty reading or completing the form.

Part A.

These questions are about how you have been FEELING during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks...

(Circle one number on each line)

| | All of the time | Most of the time | A good bit of the time | Some of the time | A little of the time | None of the time |
|------------------------------------|-----------------------|------------------|------------------------|------------------------|----------------------|------------------------|
| 1. Did you have a lot of energy? | 1 | 2 | 3 | 4 | 5 | 6 |
| Have you felt downhearted and low? | 1 | 2 | 3 | 4 | 5 | 6 |

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QOLIE-10-P (US English)

The following questions ask about problems you may have with certain ACTIVITIES.

How much of the time during the past 4 weeks your epilepsy or antiepileptic drugs have caused trouble with...

(Circle one number)

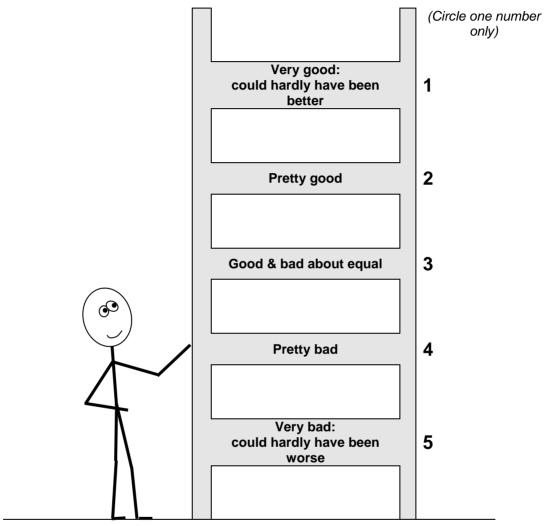
| | A great deal | A lot | Somewhat | Only a little | Not at all |
|--------------------------------------|--------------|-------|----------|---------------|------------|
| 3. Driving (or other transportation) | 1 | 2 | 3 | 4 | 5 |

During the past 4 weeks...

| | Not at all bothersome | | | | Extremely bothersome |
|--|-----------------------|---|---|---|----------------------|
| 4. How much do your work limitations bother you? | 1 | 2 | 3 | 4 | 5 |
| 5. How much do your social limitations bother you? | 1 | 2 | 3 | 4 | 5 |
| 6. How much do your memory difficulties bother you? | 1 | 2 | 3 | 4 | 5 |
| 7. How much do physical effects of antiepileptic drugs bother you? | 1 | 2 | 3 | 4 | 5 |
| How much do psychological effects of antiepileptic drugs bother you? | 1 | 2 | 3 | 4 | 5 |

| | Very afraid | Somewhat afraid | Not very afraid | Not afraid at all |
|--|----------------|-----------------|-----------------|----------------------|
| 9. How afraid are you of having a seizure during the next 4 weeks? | 1 | 2 | 3 | 4 |

10. How has your **QUALITY OF LIFE** been during the **past 4 weeks** (that is, how have things been going for you)?



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| _ | | _ |
|---|---|--------------|
| _ | 1 | D |
| - | | \mathbf{r} |

Reviewing all the questions you have answered in Part A, consider the overall impact of these problems on your quality of life **in the past 4 weeks**.

(Circle one number)

| | Not at all | Somewhat | Moderately | A lot | Very much |
|---|------------|----------|------------|-------|-----------|
| 11. How much does the state of your <u>epilepsy-related</u> <u>quality of life</u> distress you overall? | 1 | 2 | 3 | 4 | 5 |

Part C.

Considering **ALL** the questions you have answered, please **indicate the areas** related to your epilepsy that are most **IMPORTANT** to you **NOW**.

| 12. | Number the following topics from '1' to '7' with '1' corresponding to the most important topic and ' | 7' to | the |
|-----|--|-------|-----|
| | least important one. Please use each number only once. | | |

| | A. | Energy (tiredness) |
|--------|----|---|
| لـــا | В. | Emotions (mood) |
| لـــا | C. | Daily activities (work, driving, social) |
| لـــا | D. | Mental activity (thinking, concentrating, memory) |
| لـــا | E. | Medication effects (physical, mental) |
| لـــا | F. | Worry about fits (impact of fits) |
| لــــا | G. | Overall quality of life |

THANK YOU FOR COMPLETING THIS QUESTIONNAIRE ABOUT LIVING WITH EPILEPSY.